



## VOLUNTEERING

# Programme ideas: Volunteering section

When completing each section of your DofE, you should develop a programme which is specific and relevant to you. This sheet gives you a list of programme ideas that you could do or you could use it as a starting point to create a Volunteering programme of your own!

For each idea, there is a useful document giving you guidance on how to do it, which you can find under the category finder on [www.DofE.org/volunteering](http://www.DofE.org/volunteering)

### It's your choice...

Volunteering gives you the chance to make a difference to people's lives and use your skills and experience to help your local community. You can use this opportunity to become involved in a project or with an organisation that you care about.

### Help with planning

You can use the handy programme planner on the website to work with your Leader to plan your activity.

#### Helping people:

Helping children  
Helping older people  
Helping people in need  
Helping people with special needs  
Youth work

#### Community action & raising awareness:

Campaigning  
Cyber safety  
Council representation  
Drug & alcohol education  
Home accident prevention  
Peer education  
Personal safety  
Promotion & PR  
Road safety

#### Working with the environment or animals:

Animal welfare  
Environment  
Rural conservation  
Preserving waterways  
Working at an animal rescue centre  
Litter picking  
Urban conservation  
Beach and coastline conservation  
Zoo/farm/nature reserve work

#### Helping a charity or community organisation:

Administration  
Being a charity intern  
Being a volunteer lifeguard  
Event management  
Fundraising  
Mountain rescue  
Religious education  
Serving a faith community  
Supporting a charity  
Working in a charity shop

#### Coaching, teaching and leadership:

Dance leadership  
DofE Leadership  
Group leadership  
Leading a voluntary organisation group:  
- Girls' Venture Corps  
- Sea Cadets  
- Air Cadets  
- Jewish Lads' and Girls' Brigade  
- St John Ambulance  
- Scout Association  
- Air Training Corps  
- Army Cadet Force  
- Boys' Brigade  
- CCF  
- Church Lads' & Girls' Brigade  
- Girlguiding UK  
- Girls' Brigade  
Sports leadership  
Music tuition

Visit

**[www.DofE.org/volunteering](http://www.DofE.org/volunteering)**  
for more guidance, information,  
programme planners and programme ideas.